



Sunnyvale Alliance Soccer Club Fall 2018 Parent Meeting

Monday August 20th, 2017 at 7pm



3 Things You Have To Do!

- ⚽ Spend time with your kids 😊
- ⚽ Positively support them in having fun
- ⚽ Learn more about the game of soccer and safety issues



Introductions and Contacts

Fall 2018

- ⚽ Rec Registrar – Faye Rotbert – recregistration@sunnyvalesoccer.org
- ⚽ Rec Director - Stephen Geddes– recreation@sunnyvalesoccer.org
- ⚽ Director of Coaching – Andrew Ransome - andrew@griffinsoccer.com
- ⚽ Director of Referees – Tibor Polgar - referee@sunnyvalesoccer.org
- ⚽ Rec Master Scheduler – Garry Epps – gepps@employees.org
- ⚽ Rec Equipment Coordinator – Kelly Hamburger - kelsears@yahoo.com
- ⚽ Rec Uniform Coordinator – April Lee - recuniforms@gmail.com

⚽ Age Group Coordinators

- ⚽ 6UB Mario Ponce - marioponce.mft@gmail.com
- ⚽ 6UG Mario Ponce - marioponce.mft@gmail.com
- ⚽ 7UB Sachin Naik - sach_naik@yahoo.com
- ⚽ 7UG Robert Clapp - bob.clapp@gmail.com
- ⚽ 8UB Lars Haitz - lars_haitz@yahoo.com
- ⚽ 8UG Leland Lim - lelim@yahoo.com
- ⚽ 10UB Danielle Hilmes - danielle.hilmes@gmail.com
- ⚽ 10UG Melissa Arias – arias6@gmail.com
- ⚽ 12UB Adam Dysart adys@sonic.net
- ⚽ 12UG Theo Blanco - theoblanco@sbcglobal.net
- ⚽ 14UG - Leland Lim - lelim@yahoo.com
- ⚽ 14, 16 & 19UB Amir Moezpoor - arsalan_moezpoor@yahoo.com



Registration

- ⚽ 780 players as of August 20th
- ⚽ currently working through wait list registrations, a few age groups still have spots, but many are at the max.
- ⚽ new coaches and assistant coaches need to get background check & fingerprinting; verification currently takes 10-14 days. All coaches need to register online each season.
- ⚽ 64 teams. We have identified all coaches and most rosters are complete.
- ⚽ 14UG (includes some older girls), 14+UB: play-through
- ⚽ End of season tournament Nov 17/18: Hopefully there will be a Rec D2 Cup (varies depending on field availability and club support)



Schedule

Saturday Aug 25	On-field coach training @ Sunnyvale Soccer Complex (SSC, 1095 Dunford Way) 6U/7U: 8am, 8U: 9:30am, 10U+: 11:15am
Saturday Aug 25	(9am to 2pm), Cleat Exchange for players. Uniform/Equipment Pickup for coaches only
Saturday Aug 25	Team lists can be distributed to head coach (only if coach is cleared)
Saturday Aug 25	First week of practice (only if coach is cleared)
Monday Sep 3	All team meetings should have been held
Tuesday Sep 4	8U Goalkeeper Clinic 5-6pm girls, 6-7pm boys at Cherry Chase
Friday Sep 7	6U/7U Parent Referee Clinic TBD at Serra Park
Saturday Sep 8	First game
Saturday Nov 10	Last game



Picture Day

🏑 Sun Sep 23rd West Valley Elementary

🏑 Make-up picture day Sat Oct 13th San Miguel Elementary



Volunteering/Service

A team needs a lot of volunteers:

- ⚽ Head and Assistant coach/coaches
- ⚽ Parent ref 6U and 7U
- ⚽ Team photographer, website (Teamsnap), end of season party
- ⚽ Field cleanup/proper use of equipment (don't sit on soccer balls)
- ⚽ Community goodwill (parking, etc)
- ⚽ Picture day
- ⚽ Porta Pottie unlocking and locking
- ⚽ Goal set up and take down



Referees – 6U/7U

- ⚽ Each team provides one referee who takes one of the two fields (7UG should each take one half of the game)
- ⚽ 6U/7U Referee Training
 - Mandatory that each 6U/7U team send one parent/guardian
 - That parent becomes Head Referee for Team
 - New Coaches are welcome, but can not double as referee
- ⚽ Every game refereed by Team's Head Referee or someone they personally trained – best to share the load
- ⚽ Please respect volunteer referees and set positive example for our kids – Ref call is always the “right” call, no matter what



Referees – 8U and above

- ⚽ 8U+ refs are paid
 - Most likely youth refs, so be nice, help them learn
- ⚽ Club committed to referee development – create positive learning environment for them as well
- ⚽ Ref call is always the “right” call, no matter what

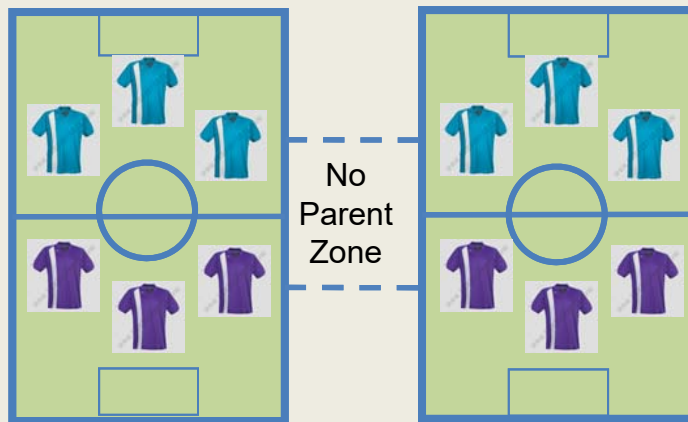


Game Fields and Formats TBD

Game Notes

- No make-up for rainouts
- If Sunnyvale City Fields are closed, no games

**Double
Field
Set-up
for 6UB
and 7UB**



**Field assignments
subject to change**

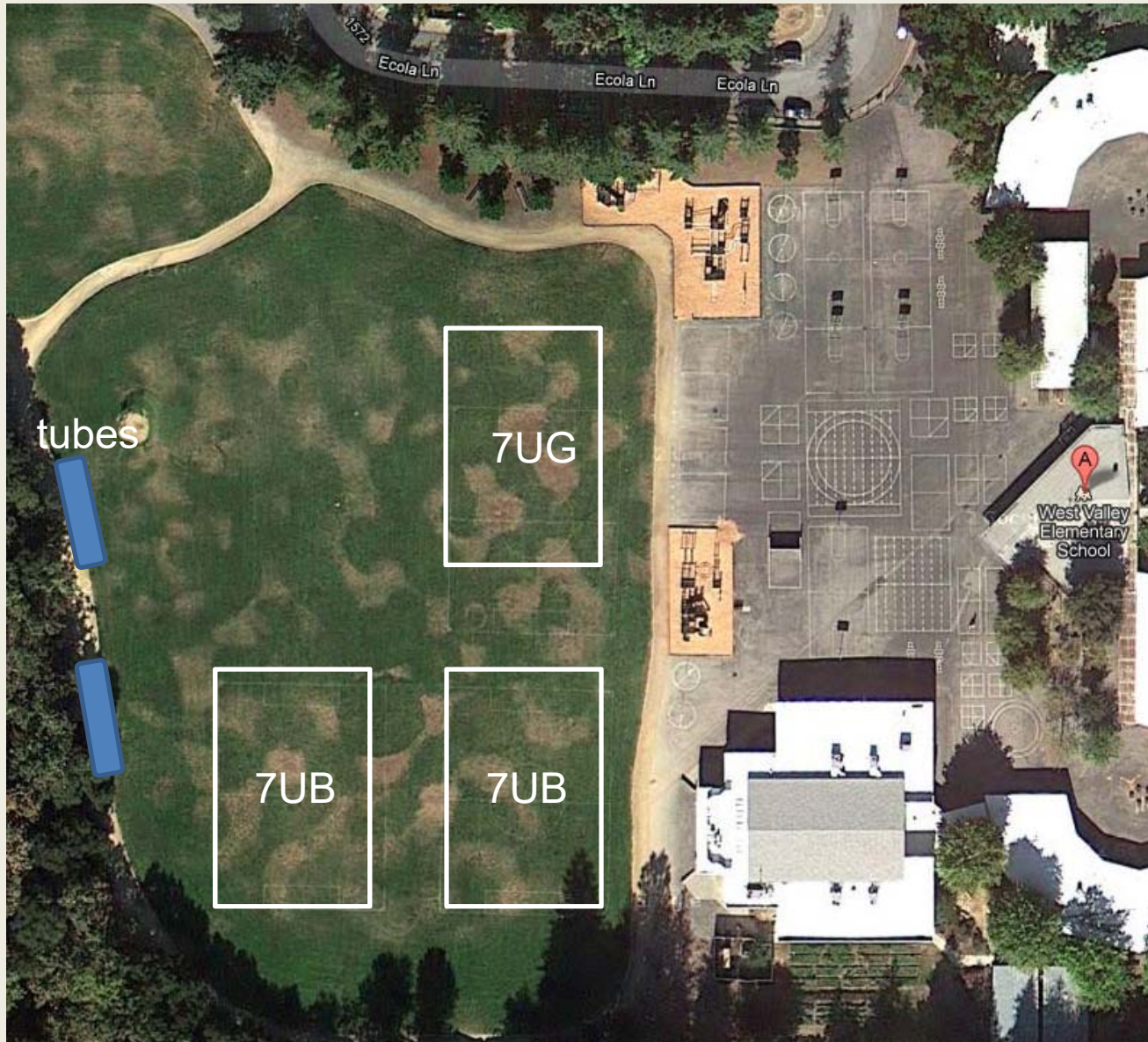
- ⚽ 6UB: Serra Park, 2 games of 3 v 3 (no goalies)
- ⚽ 6UG: Serra Park, 2 games of 3 v 3 or 1 game of 3 v 3 due to smaller number of players (no goalies)
- ⚽ 7UB: Double Field at West Valley Elem, 2 games of 4 v 4 (no goalies)
- ⚽ 7UG: Single Field at West Valley Elem, 4 v 4 (no goalies)
- ⚽ 8U: 5 v 5 Cherry Chase
- ⚽ 10U: 7 v 7 De Anza Park
- ⚽ 12U: 9 v 9 Cupertino Middle School
- ⚽ 14U, 16U & 18/19U: 11v11 Play-through, Home Field is Nimitz



Serra Park – 6U



West Valley Elementary – 7U



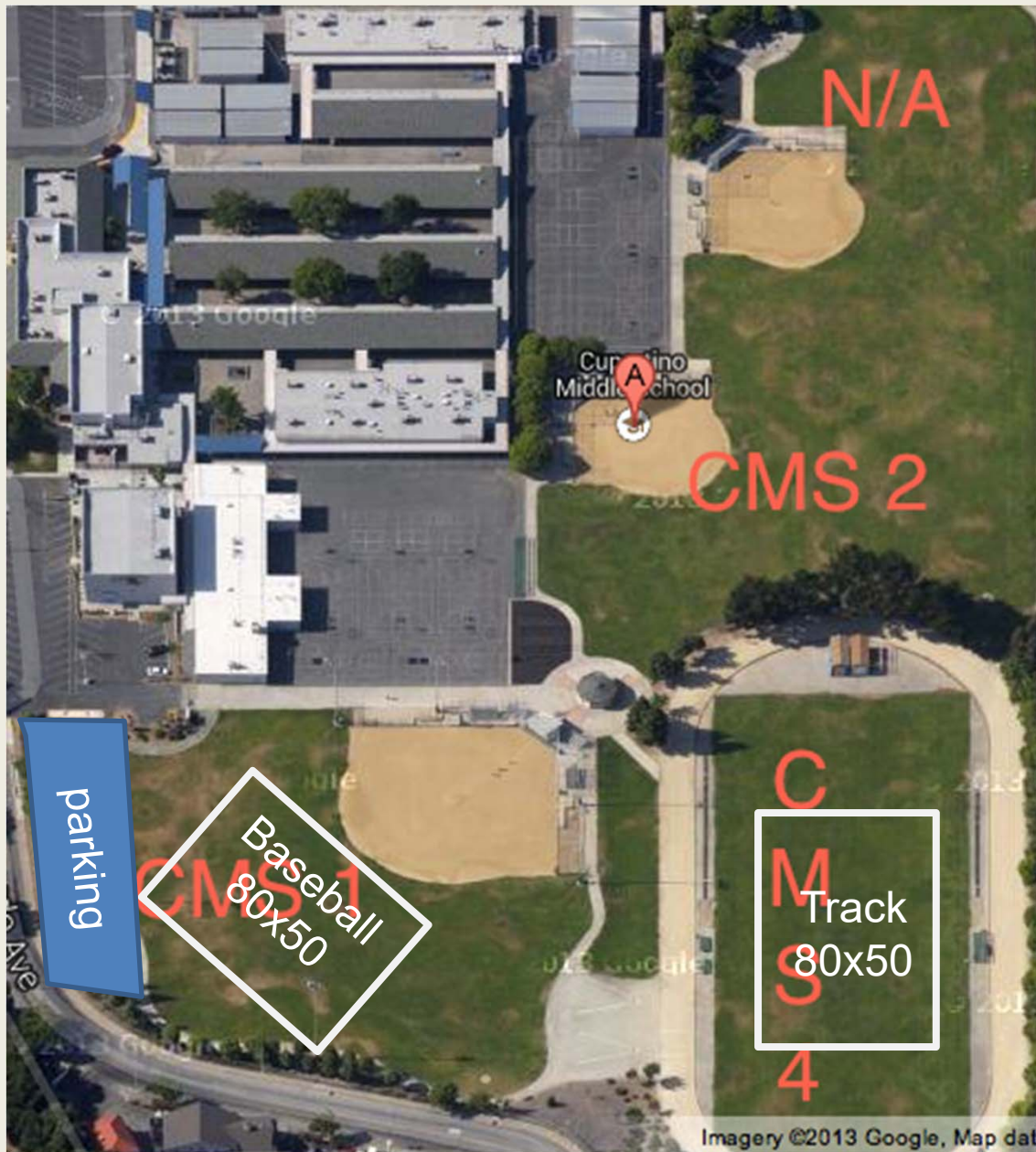
Cherry Chase – 8U



DeAnza Park – 10U



Cupertino Middle School – 12U



Nimitz layout



Game cancellations

- ⚽ This is a recreational league, and we don't support reschedules in the way most competitive leagues might provide.
- ⚽ If two coaches mutually agree to cancel their scheduled time and play at another time or place, they do that by finding their own referees.



Purpose of SASC Rec Program

- ⚽ *The purpose of Recreational youth soccer in SASC is the development of the soccer playing ability of the child.*
- ⚽ *Safety, fun, excitement, and player skill development are the primary focus of the program.*
- ⚽ *Regardless of the ability of the child, everyone deserves an equal chance to play and to learn in a safe, positive, and supportive environment.*



Positive Parenting

- ⚽ Why do kids love to play?
- ⚽ What is the role of the coach?
- ⚽ How do you create a positive environment?
- ⚽ What is good parent sideline behavior?
- ⚽ Let the coaches coach. Provide positive support, but no sideline instructions
- ⚽ Do the players want a parent or a coach after the game?



PCA Video

<https://youtu.be/uZDZiFRN590>

(1m30s youtube video by PCA)



What makes a good coach (in the parents' eyes)?

positives:

- ⚽ knowledgeable, right mix between fun and learning
- ⚽ positive attitude
- ⚽ organized & responsive
- ⚽ well prepared practices, kept kids engaged for 60 minutes

negatives:

- ⚽ favoritism – strong players get more playing time, coaches son never subs out
- ⚽ leadership & organization problems
 - “our son’s coach had no idea what to do at practices or games , never had a lineup or knew what to do”
 - “But I want to make sure that the coach is kind and positive. My son is very sensitive and not super athletic. He tries hard and responds to positive encouragement. But our last coach in the spring would yell at him all the time and we had to quit.”
- ⚽ impatient, activities too complicated for age group, overly concerned with discipline
- ⚽ lack of sportsmanship, did not try to manage lopsided game



Rules of Fair Play

In addition to small sided modifications, SASC has the following requirements on Rec games.

1. Every player **must** play at least half of each game he/she attends.
2. The Coach should make each child a “starter” for at least 50% of the games The Coach should strive to put each player in a position to score (i.e., forward or attacking midfielder) at least 50% of the time over the length of the season. Players should NOT be limited to specific positions, even though they themselves may have their initial preferences. Players should be challenged to experience the “total” game of soccer, and play ALL positions.
3. Every player who wants to must have the opportunity to play as goal keeper at least ½ a game during the season.
4. Coaches are **expected to make adjustments** when team is leading by 2 goals



SASC Modified Laws

- ⚽ http://sunnyvalesoccer.org/general/rec_rules.shtml
- ⚽ Familiarize yourself with the rules specific to your age group
- ⚽ No coed teams
- ⚽ No playing down an age level unless you provide proof of a medical condition
- ⚽ No playing in both Rec and Comp during the same season with SASC or with another club.



Safety & Risk Management

US Soccer & CDC: "Heads Up"

Signs observed by Coach/Parent	Symptoms reported by Athlete
Appears dazed or stunned	Headache or "pressure" in head
Is confused about assignment or position	Nausea or vomiting
Forgets an instruction	Balance problems or dizziness
Is unsure of score or opponent	Double or blurry vision
Moves clumsily	Sensitivity to light
Answers questions slowly	Sensitivity to noise
Loses consciousness (even briefly)	Feeling sluggish, hazy, foggy, or groggy
Shows mood, behavior, or personality changes	Concentration or memory problems
Can't recall events prior to hit or fall	Confusion
Can't recall events after hit or fall	Does not "feel right" or is "feeling down"



Safety & Risk Management

Concussion Action Plan (US Soccer & CDC)

If you suspect an athlete has a concussion:

- ⚽ Evaluation by experienced health care professional
- ⚽ Keep from play until OK from health care professional
- ⚽ "It's better to miss one game than a whole season"
- ⚽ <http://www.cdc.gov/headsup/>



Slide Tackling

⚽ No slide tackling is permitted in SASC Rec soccer up to and including the 10U age group. In 12U, only 'clean' slide tackling is allowed. Any attempt to slide tackle with cleats up, or using both feet, or from behind will result in a yellow card. Any hard or dangerous contact with an opponent is a red card.



Smoking and Youth Sports

- ⚽ It's illegal to smoke or use electronic cigarettes within 250 feet of a youth sports event. And e-cigarettes have been added to tobacco in the laws that prohibit smoking in other places.



Homework 😊

- ⚽ Positive Coaching Alliance: <http://www.positivecoach.org/>
- ⚽ We recommend familiarity with first aid and concussion awareness:
- ⚽ <http://www.redcross.org/mobile-apps/first-aid-app>
- ⚽ Sunnyvale Emergency # [\(408\) 736-6244](tel:(408)736-6244) (add to your phone)
- ⚽ OSHA Heat Stress App:
www.osha.gov/SLTC/heatillness/heat_index/heat_app.html
- ⚽ Remember to clean up and take out your trash after your end of season party.





Thanks – and have fun!

